



**LOKMAN HEKİM ÜNİVERSİTESİ**  
**SAĞLIK BİLİMLERİ FAKÜLTESİ HEMŞİRELİK BÖLÜMÜ**  
**ULUSLARARASI İLİŞKİLER VE ERASMUS KOMİSYONU**  
**2023-2024 EĞİTİM ÖĞRETİM YILI BAHAR DÖNEMİ**  
**FAALİYET RAPORU**

**HAZIRLAYANLAR:**

Dr. Öğr. Üyesi Esra TÜRKER

Dr. Öğr. Üyesi Kadriye DEMİR

Arş. Gör. Fatma Nur DUMAN

**HAZİRAN 2024**

2023-2024 Eğitim-Öğretim Yılı Bahar Dönemi'nde Hemşirelik Bölümü Uluslararası İlişkiler ve Erasmus Komisyonu olarak gerçekleştirilen ve planlanan çalışmalar aşağıdaki gibidir:

1. Florance Network bölüm sorumlusu Dr. Öğretim Üyesi Esra Türker Yunanistan yapılan kongreye üniversitenin katılım giderleri konusunda destek olmaması nedeniyle katılamamıştır. Bu sebeple gerçekleştirilen 2. Toplantıya katılamayan ve 3. Toplantıya katılamama durumunda üyelikten çıkarılacağı konusunda Florence Network Başkanı mail ile bilgilendirme yapmıştır. Konu ile ilgili olarak Rektör ve Rektör yardımcılarının bilgilendirilmesi planlanmaktadır.
2. Florance Network'e üye olan kurumlar ile görüşülerek Virtual Exchange projesine ortak olunmuştur. Bu kapsamda bir ve ikinci sınıf olmak üzere 10 öğrencimiz projeye dahil edilmiştir. Şubat 2024'te projenin ilk toplantısı yapılmış olup proje kapsamında Hollanda'nın Groningen kentindeki Hanze Uygulamalı Bilimler Üniversitesi'nde Hemşirelik Bölümü birinci sınıf öğrencileri ile Lokman Hekim Üniversitesi Hemşirelik Bölümü birinci ve ikinci sınıf öğrencileri bir araya gelerek birbirlerinin hemşirelik deneyimlerini paylaşmışlardır. Bireysel görüşmeler, hazırlık aşaması da dahil olmak üzere altı haftalık bir süre boyunca gerçekleştirilmiştir. Proje çıktıları ile ilgili ayrıntılı bir rapor hazırlanmış olup rapor Hanze Uygulamalı Bilimler Üniversitesi'ndeki proje ortaklarımız ile paylaşılmıştır (EK-1, EK-2).
3. Bölümümüz ile Florance Network'e üye olan Hanze Üniversitesi 2025 yılında Şubat ve Mart ayında Virtual Exchange projesinin ikincisinin gerçekleştirilmesi planlanmıştır. Bu kapsamda bir ve ikinci sınıf olmak üzere 20 öğrencimiz projeye dahil edilmiştir. Şubat 2025'te projenin ilk toplantısı yapılacaktır.
4. 09 Şubat 2024 tarihinde İrlanda'da bulunan Atlantic Technological University kurumu ile Erasmus anlaşması imzalanması adına Microsoft Teams görüşmesi yapılmıştır.
5. Bölümümüzün web sitesine Florance Network üyesi olduğumuza dair spot slayder bilginin yayımlanması için kurumsal iletişim daire başkanlığı ile temas kurulmuş olup, ilgili afiş bölüm web sitemize eklenmiştir.

## EK-1 Virtual Exchange Projesi Raporu



Virtual Exchange (previous Skype Project)

Hanze University of Applied Sciences and

Lokman Hekim University

Interview with an International Peer

2023-2024

Within the scope of the Virtual Exchange Project, first-year nursing students at Hanze University of Applied Sciences in Groningen, the Netherlands, and first and second-year students at Lokman Hekim University came together and explored each other's experiences in nursing. The individual interviews were conducted over a period of six weeks, including the preparation phase.

As a result of the feedback received from our students:

- At the end of the project, our students' English language skills improved in general and their self-confidence increased.
- Our students improved their ability to speak and understand especially nursing-related topics in English.
- Our students have a better understanding of the nursing profession in the Netherlands (course contents, job opportunities, interests, etc.).
- Our students gained awareness about the cultural differences between the Netherlands and Turkey regarding nursing.
- The presentations prepared by our students regarding their meetings are included in Annex-1.

Detailed information about the interviews is given below:

- Our student Nurgül Çelik had 2 interviews with the Dutch student named Janneke ten Hoor, with whom she was matched, the first interview lasted 40 minutes and the second interview lasted 20 minutes. Our student Nurgül Çelik could not reach the second Dutch student, Sanne de Jong, and could not conduct an interview.

- Our student Neşe Yıldız had 2 interviews with the Dutch student named Anouk Vis, with whom she was matched, and the interviews lasted approximately 40 minutes. Neşe Yıldız sent an e-mail to Hilde Veenstra, the second student she was matched with, but could not reach her.
- Our student İrem Sıla Topuksuz met with the students named Pien van Voorst and Sanne de Vries, with whom she was paired, and had a face-to-face interview during the process. We requested an appointment for the second interview, but due to the intensity of Pien and Sanne's classes, the second interview was completed via e-mail. The first interview lasted approximately one hour.
- Our student Hilal Karakoç had two interviews with the Dutch student Emma Weerd, with whom she was matched, and the interview lasted approximately one hour. India de Waard, the second student she was matched with, could not be interviewed because she did not receive a reply to her e-mails.
- Our student Ezgi Etyemez met with the Dutch students she was paired with, Welmoed Kampen and Floor Naber, once each during the process and the interviews lasted one hour.
- Our student Eylül Bengisu Şahin had two interviews with Rixt Koelers, with whom she was matched, and the interviews lasted one hour. She also had two interviews with the second student she was matched with, Rixt Koelers, and the first interview lasted 50 minutes and the second interview lasted 40 minutes.
- Our student Buse Aleyna Ökmen had 2 interviews with the Dutch student named Maud van Dorp, the first interview lasted 35 minutes and the second interview lasted 20 minutes. She could not reach Lisa Drent, the second student she was matched with, so the interview did not take place.
- Our student İlknur Baykara completed two one-hour meetings with her paired students named Audry Nanninga and Dagmar Norg.
- Our student Nazlı Kılınc met her match, Laura Bakker, twice for an hour, but could not meet Esther Borger because she could not reach her.

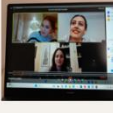
Annex-1. Presentations prepared by our students regarding their interviews.

1. Nurgül Çelik


**VIRTUAL EXCHANGE PROJECT**

**MY FIRST MEETING EXPERIENCE**

It was exciting for me to talk about our profession by communicating in a common foreign language with students in another country who we will be doing the same profession in the future. It was the first time I had such an experience.




**FIRST MEETING**



In our first meeting, we talked about our families, the things we like, and the education system of our school. There were a few things that caught my eye. What caught my attention was that they were doing a lot more internships and that they did not fully master the school's system.

**SECOND MEETING**


The second meeting went more smoothly and quickly than our first meeting. My friend joined me because I thought I would be more comfortable since there were two of them. We had more detailed conversations about our health beliefs and health systems, and my excitement was much less. We established a much better communication than our first meeting.



**SECOND MEETING**

Our health beliefs were very similar, but in their countries they attach great importance to elderly care and there is very little prejudice towards the nursing profession. They chose this profession to touch people and help them in every way.

**OVERVIEW**




In our first meeting, I could not present my presentation due to a systematic error, but I explained it myself and sent the presentation via e-mail. It was a presentation in which I talked about our school, our laboratory and the activities we did. This meeting was a very good experience for me and the preparation phase was very exciting. I think these meetings should be with people who have the same level of English. No matter how much I prepared, there were some points where I had difficulty.

2. Neşe Yıldız

**VIRTUAL EXCHANGE PROGRAM**

**First Meeting Appointment**

When I set up the appointment for the first meeting, I determined the appropriate hours from my own plan. I arranged a few appointment days and times according to their local time and stated this in my e-mail. Vis said she liked the fact that I offered her options and we decided to make the appointment for the second meeting this way but Hilde did not return my e-mail.



**FIRST APPOINTMENT**



I realized that I was very excited before the first meeting. I said I hope she is a sweet girl I can get along with. That day, I prepared a PowerPoint so that he could get to know me better. I added images from my bedroom, from where I live, from my school, and with my friends, and we chatted about them. I overcame my excitement before the meeting because Vis is a really sweet person and it felt good to be matched with her and not chatted until the meeting ended.

• I overcame my excitement before the meeting because Vis is a really sweet person and it felt good to be matched with her and we chatted until the meeting ended. While chatting, I realized that we had the same ideas on some issues. We gave similar answers to the questions I asked. We were in different countries and even our cultures were different, but I believe that the similarity of our thoughts and ideas strengthened the bond between us.

**SECOND APPOINTMENT**



I was less excited about the second meeting than the first. Because Vis was a kind person. When we got stuck while talking, we encouraged each other by saying "I understand you, no problem, you are fine." I was not shy about her, one day I found that she was shy about talking to me. I knew we would get along well and that I would enjoy the conversation. Just like the first meeting.

• During second meeting, I understood better that the nursing profession has a common language within itself and that it is a profession that serves society with evidence-based practices. While there are still people in our country who think of the nursing profession as a doctor's assistant, it made me feel good that nurses have more authorized work areas in Europe.

Since Hilde did not attend the second meeting, I sent an e-mail for the meeting, but unfortunately she did not respond.

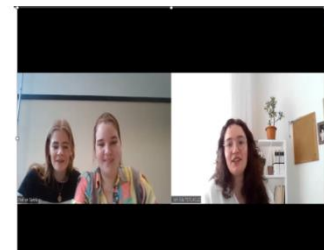
3. İrem Sıla Toprakçın

**VIRTUAL EXCHANGE PROJECT**

**HOW DO I FEEL AFTER THE MEETING?**

I was a little nervous before we started the interview. But then I thought that this meeting could be a very good opportunity for me and my excitement decreased. When our meeting started, everything went very well, although I was stuck with excitement in some places, it was a good experience from all angles. The friends I matched with were very understanding and sweet, they helped me a lot when I got stuck. We had a very good conversation. I love them so much. I hope we can stay in touch with them.

• This project has taught me a lot. I hope I can use what I've learned in my own life. I am very happy to be a part of this project.



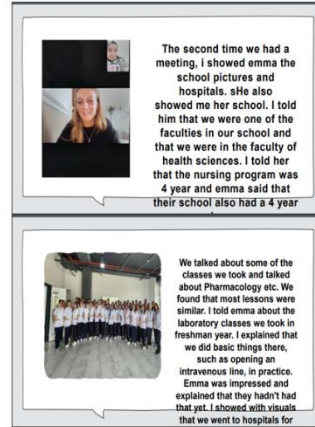
## 4. Hilal Karakoç



**Virtual exchange project**  
Hilal KARAKOÇ

**Nursing in the Netherlands and Turkey**

I MET WITH EMMA IN THE VIRTUAL EXCHANGE PROGRAM. WE JUST MET IN OUR FIRST CONVERSATION. WE TALKED ABOUT OUR NAMES AND WHICH SCHOOLS WE ATTENDED. EMMA IS A FRESHMAN AT HANDE UNIVERSITY. I AM ALSO A SECOND YEAR STUDENT AT LONJAN HEDER UNIVERSITY. FINALLY, WE TOLD EACH OTHER THAT WE WERE GLAD TO MEET EACH OTHER AND ENDED THE CONVERSATION THERE.



The second time we had a meeting, I showed Emma the school pictures and hospitals. She also showed me her school. I told him that we were one of the faculties in our school and that we were in the faculty of health sciences. I told her that the nursing program was 4 year and Emma said that their school also had a 4 year

We talked about some of the classes we took and talked about Pharmacology etc. We found that most lessons were similar. I told Emma about the laboratory classes we took in freshman year. I explained that we did basic things there, such as opening an intravenous line, in practice. Emma was impressed and explained that they hadn't had that yet. I showed with visuals that we went to hospitals for



Lastly, I told Emma that we can work in many areas such as public hospitals, private hospitals, nursing homes and schools. Both meetings went very well. I was very excited to meet and talk to my future colleagues from different countries.

## 5. Esra Eryemez



**VIRTUAL EXCHANGE PROJECT**  
Esra ERYEMEZ

► People I interviewed

- Hapo Hoober
- Wilmoud Kompen

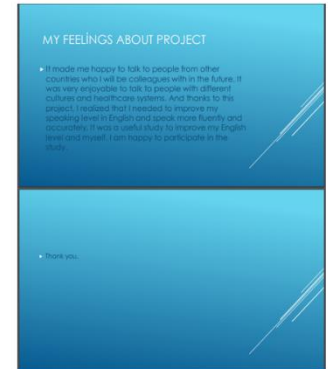


**WHAT WE TALK IN THE MEETING:**

- We talked about their nursing education and ours. We talked about the difficulties of the course taken in the first year and when the internship training would start. They said that university entrance was related to the three levels of their overage in high school. When I asked why they chose nursing, they said it was because they wanted to help people.

**WHAT WE TALK IN THE MEETING**

- One of the friends said that she was not happy with the department and would transfer to another department, while the other said that she liked it. Also we talked about life in the Netherlands. They mentioned that many people have to meet places by bicycle. In the Netherlands, I learned that the hospital gives the uniforms to its employees and the hospital does the cleaning.



**MY FEELINGS ABOUT PROJECT**

- It made me happy to talk to people from other countries who will be colleagues with in the future. It was very enjoyable to talk to people with different cultures and healthcare systems. And thanks to this project, I realized that I needed to improve my speaking level in English and speak more fluently and accurately. It was a useful study to improve my English and add myself. I am happy to participate in the study.

► Thank you.

## 6. Eylül Begüm Sahin



**Virtual Exchange Project**  
Eylül Begüm Sahin

**People I Met**

- Felicia Stegemen
- Rixt Koelers



Rixt

Felicia



**What we talk in the meetings;**

- Felicia and Rixt are very easy to talk so I am not feeling alone or bad. We do two zoom meetings. In the first meeting we try to get to know each other and talk about our school systems. In the second meeting we discuss health services in our countries.

**First meeting;**

- Firstly we talk about our families and university. Felicia and Rixt are first graders in nursing. Hence University nursing student are going school 4-8 hours per week and they study by themself. Then learn they are going internship either but they just observe or doing very simple tasks so they not allowed to getting blood sample, opening an vascular access etc. They going nursing homes for internship not hospitals.

**Second meeting;**

► In this meeting we talk about our countries healthcare systems and services. In Netherlands they have so many nursing homes for old people. In Turkey we have nursing homes either but not like Netherlands because of our cultural differences. Dutch people are doesn't have any problem sending their parents to nursing homes. They are not judged by the people around them but in Turkey that is not like that so its a little sad but okay.

**My Thoughts About Virtual Exchange Project**

The project increase my self confidence about English. And it also different me the disadvantages of not using the internet. Look the ending photos is very good for talking English and learning their countries and get some ideas. Hope we can do some projects like this one in the future and more students will join this project.

**7. Buse Akşın Özkan**

**Virtual Exchange Project**

**Name:** Buse Akşın  
**Surname:** Özkan  
**Department:** Nursing Sophomore  
**University:** Luleman Hekim University

**PREPARATION FOR THE FIRST MEETING**

I was very excited and very nervous before the first meeting. Since the first meeting was for introduction purposes, I prepared sample sentences for myself. I prepared my own answers based on the questions in the task presentation.

Later we tried to decide on the date of the meeting via e-mail. That's when I encountered my first problem. Because I did not receive a response from my interview partners for 3 days.

We then managed to arrange a day that suited both parties.

We made an appointment for 15:30 Dutch time on March 3rd.

**On The 3rd Of March (First Meeting)**

One of my partners is named Neud and the other is named Lisa. They are 20 years old. They both live with their families like me. Someone has a twin brother but I can't remember which one. I couldn't understand some parts because they were talking so fast at that moment. They studied 5 to 6 hours a week. In their culture, as in our culture, nursing education is given as a 4-year undergraduate education.

Their exam systems are also very similar to our system. In the form of midterms and finals.

To summarize, in this meeting we talked about nursing education in the Netherlands and Turkey and got to know each other.

**PREPARATION FOR THE SECOND MEETING**

The first meeting was quite challenging for me. Because I didn't expect them to English so fluently and quickly.

The first meeting took a little long because I couldn't understand some parts of the meeting.

Since I wanted my second meeting to go better, after consulting with my partners, I decided to attend the second meeting with a friend rather than alone.

I was much more prepared for the topics and questions we needed to talk about in the second meeting.

The appointment setting part was also difficult, but somehow we arranged it for Thursday, March 1st, at 17:00 Turkey time.

**On The 14rd Of March (Second Meeting)**

My second meeting went much better than the first. We provided more regularly by asking each other the questions on the slide to turn.

We discussed the similarities and differences regarding the understanding of nursing in our culture and their culture. We realized that there are many similarities.

When I felt that I could answer the questions, my self-confidence improved a little more and the time atmosphere in the first meeting disappeared.

My friend Neud suggested me when the conversation got stuck after completing the questions, we ended the meeting by making a general evaluation of the meeting.

It was a difficult but different, instructive and beautiful experience for me.

**8. İlknur Bayraktar**

**VIRTUAL EXCHANGE PROJECT REPORT**

Our hour-long meeting with Audrey Narroingna and Daemar More was very productive. The Dutch healthcare system surprised me. We talked a little about this and insurance. Apart from that, we looked at the photos of Heneke University and they talked about their university.

Likewise, I gave information about Luleman Hekim University and gave a detailed demonstration with photographs of our hospital and school.




**9. Nash Kühn**

**Virtual Exchange Project**

- It was very enjoyable to learn about nursing work and education in different countries. I had the chance to practice speaking English for the first time.
- The nursing system in the Netherlands was remarkable.
- Our friends even gave me examples of the wrong ideas about the Dutch results in the world.
- Since our friends were first-year students, they took mostly theoretical courses.
- Being peers did not prevent our sincerity and understanding, even if our English was not good.









Hummel M, Margreet <m.hummel@pl.hanze.nl>

Alice: ben

8 Nis 2024 10:40



Dear Fatma Nur Duman,

Thank you for this information. And thank you for participating in this project. My students learned a lot from the conversations.

Best regards,

Margreet Hummel

Margreet Hummel

Docent | Hanzehogeschool Groningen| Academie voor Verpleegkunde | Petrus Driessenstraat 3, 9714 CA Groningen| Ruimte A042

Werkdagen: maandag, woensdag en donderdag.



### **EK-3. Atlantic Technological University kurumu ile Erasmus anlaşması imzalanması adına Microsoft Teams görüşmesi**